The Fifth International Congress of the
Asian Society Against Dementia –
Action, Strategies and Developments

5 - 6 November 2011
The Hong Kong Academy of Medicine, Hong Kong

Themes
- Biology of Alzheimer's Disease
- Community management for dementia
- Comprehensive clinical evaluation
- Genetics and biomarkers
- Metabolic and medical comorbidity
- Mild cognitive impairment and beyond
- Neuroimaging in dementia
- Non-AD dementia
- Non-drug interventions
- Present and close future of AD treatment
- Service delivery models in Asia
- Vascular cognitive impairment

Confirmed Plenary Speakers
- Prof Sookja K Chung (Hong Kong)
- Prof Serge Gauthier (Canada)
- Prof Linda Lann (Hong Kong)
- Prof Jean-Marc Orgogozo (France)
- Dr Marcus Richards (United Kingdom)
- Prof Philip Scheltens (Netherlands)
- Prof Steven Zarit (USA)

Registration rates:

<table>
<thead>
<tr>
<th>Category</th>
<th>Early bird rates (For payment received by 1 September 2011)</th>
<th>Ordinary rates (For payment received after 1 September 2011)</th>
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<td>Medical professionals</td>
<td>HK$ 2,000 / US$ 260</td>
<td>HK$ 2,500 / US$ 330</td>
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<td>Non-medical professionals</td>
<td>HK$ 1,500 / US$ 200</td>
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The Scientific Committee invites submissions for papers
Deadline of abstract submission: 30 June 2011

Pre-congress Workshop (4 November 2011)
Caregiver Burden: Theory and Treatment – Prof Steven Zarit

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Supporting Organisations:

For registration and abstract submission, please visit our website: www.asad2011.org.hk
Pre-congress workshop of
the Fifth International Congress of the
Asian Society Against Dementia

4 November 2011, 2:00 p.m. - 5:30 p.m.
The Hong Kong Academy of Medicine, Hong Kong

Caregiving Burden: Theory and Treatment*

Professor Steven Zarit
Professor & Chair, Department of Human Development and Family Studies,
Pennsylvania State University, USA

Prof. Steven Zarit was one of the first researchers to study the burden of
dementia patients on family caregivers. His research and practice have
centered for more than three decades on stress in family caregivers of dementia
patients and on ways that stress can be relieved. His work has resulted in
programs and services to assist family caregivers. In addition, he has shown that
psychological measures can help predict the onset of disability in old age, and
has also developed clinical models aimed at improving health care and living
conditions for older adults. Professor Zarit has received numerous awards in
recognition of his lifetime achievements, including the Distinguished Career
Award, Gerontological Society of America in 2009 and M. Powell Lawton
Award, American Psychological Association in 2006.

Content of the workshop:
I. Caregiving Burden and the Stress Process
II. Successful Interventions
III. Treatment Techniques and Approaches

Registration rates of the pre-conference workshop:

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For enrollments, please visit our webpage:
www.asad2011.org.hk

For enquires, please contact the secretariat at
tel: (852) 2871 8787 / 2871 8897, fax: (852) 2871 8898 or
e-mail to asad2011@hkam.org.hk